



GUÍA DE INGLES

Nombre:	
Curso:	Fecha :
OA: Escuchan y leen textos no literarios alusivos a vocabulario de enfermedades y expresiones de necesidad completando organizadores gráficos y respondiendo preguntas alusivas.	

Instrucciones.

**Read the text** (Lee el siguiente texto)

**HEALTH AND DISEASES**

**Nowadays many people have very stressful lives. Doctors say that stress and lack of sleep can cause many diseases. Read what some teenagers say about their health and their attitudes towards it.**

I definitely consider myself a healthy person. I have headaches sometimes if I'm very stressed or tired. I take paracetamol and have a rest, and that normally does the trick **(Kate, 15)**

I have colds quite often because I don't eat enough fruit or vegetables. If my colds get too bad, I go to the doctor and see what he gives me – cough medicine and antibiotics **(Maysa, 17)**

I can't say I'm healthy but I'm a sportperson. I play soccer, American football and volleyball. I think I have more energy since I've been playing. At the moment I have a broken arm. I had two operations, but it didn't have any effect on my studies **(Mitch, 14)**

I don't waste my life with medicines, drugs or smoking. It's all a matter of will – power. You can do anything if you want to. If you know that certain things are bad for you, just stop doing them. Traditional Chinese medicine can help psychological and physical problems. Some people stopped being ill after being treated with acupuncture **(Rita Leung, 16)**

**I. Complete the chart** (completa la tabla)

<b>NAME ( Nombre)</b>	<b>DISEASE (Enfermedad)</b>	<b>DISEASE SOLUTION (solución a la enfermedad)</b>

**II. Answer these questions** (responde estas preguntas)

1. Is Kate a healthy person?

\_\_\_\_\_

2. When does she have headaches?

\_\_\_\_\_

3. What does she do to solve that problem?

\_\_\_\_\_

4. Why does Maysa have colds quite often?

\_\_\_\_\_

5. Is Mitch a healthy person?

\_\_\_\_\_

6. What sports does he play?

\_\_\_\_\_

7. Does Rita Smoke?

\_\_\_\_\_

**III. What's the matter with them? Look at the pictures and write the name them according to the diseases.** (¿Qué sucede con ellos? Mira las imágenes y escribe los nombres de acuerdo a las enfermedades)



\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**IV. Imagine you're a doctor. Write a suggestions for these health problems** (imagina que eres un doctor. Escribe una sugerencia para estos problemas de salud) (puedes usar frases del vocabulario)

0. If you have a tummy ache you have to **drink an herbal water (ejemplo)**

1. If you have a cold you have to \_\_\_\_\_

2. If you have a fever you have to \_\_\_\_\_

3. If you have a tummy ache you have to \_\_\_\_\_

4. If you have a sore throat you have to \_\_\_\_\_

5. If you have a headache you have to \_\_\_\_\_