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Asignatura: Inglés

Curso: Sexto Básico

Guía de Actividades

Nombre:	
Curso:	Fecha :
Objetivo de la clase: Retroalimentar contenidos y habilidades que se han trabajado durante todo este período	

Item I. Reading comprehension

Let´s eat!



Different food help your body in different ways. It´s easy to know what foods are good for you. The five big food groups name the foods you need every day. You need six **servings** from the grain group every day. **Pasta**, rice and bread **are made from grains**. **Grain** food give you **energy**. Eat three to five servings of vegetable each day. **Carrots, green beans and peas** are **vegetables**. You also need some fruit each day.

You can drink a glass of apple juice. You can eat a peach or any other fruit. These foods help your eyes and **skin**. You need two or three servings of milk each day. A glass of milk **tastes** good. Yogurt and cheese help **build** strong bones and teeth. You also need servings from the meat group. Eggs, fish, chicken, and beans are in This group too. You need two to three servings a day to build strong **muscles**. try not to eat many fats, chocolates, sodas or sweets. They may taste good, but they don´t help you to grow strong or stay **healthy**.

Read the text and write true (T) or false (F). lee el texto y escribe T (verdadero) o F (falso)






- 1. _____ you have to eat many fats or sweet for being healthy.
- 2. _____ you have to eat six servings from the grain group every day.
- 3. _____ Eat one serving of vegetable each day.
- 4. _____ Grain food help your eyes.
- 5. _____ Yogurt and cheese help build strong bones.
- 6. _____ Pasta, rice and bread are made from grains.

Item II. Read the text again and complete the chart (lee el texto otra vez y completa la tabla)

GROUP	FOOD
grain group	
vegetables	
meat group	

Item III. Look at the table and answer the questions. Use the expressions from the box. Observa la tabla y responde las preguntas. Usa las expresiones del recuadro

Yes, he can (sí, él puede)	yes, They can (sí, ellos pueden)
no, he can't (no, él no puede)	no, They can't (no, ellos no pueden)
Yes, she can (sí, ella puede)	
no, she can't (no, ella no puede)	

						
Ann	×	✓	✓	✓	×	✓
Mike	✓	×	×	×	✓	✓
Tim and Samantha	×	✓	×	✓	✓	×
Cathy	✓	×	✓	×	✓	✓
John and Paul	✓	×	✓	×	✓	×

- a) Can Ann sing?
- b) Can Mike ride a bike?
- c) Can Tim and Samantha cook?
- d) Can Ann play the guitar?
- e) Can John and Paul swim?
- f) Can Cathy dance?

Item IV. Reading Comprehension

Sara is very sick today, she has to go to the hospital. She has headache and a sore throat. She is very sad, she has a fever, her temperature is 40 degrees. She always goes to the doctor when she is sick, and the doctor prescribes her medicines and advices her to have a bed rest. Sara doesn't like staying in bed because she has a lot of homework to do when she returns back to school, but she should stay in bed and she has to take all her medicines. She wishes she gets better soon, because she misses all her friends.

1. How much is her temperature body? (¿cuál es la temperatura de su cuerpo?) a) 36 degrees b) 38 degrees c) 40 degrees	2. What are the symptoms of her sickness? (¿cuáles son los síntomas de su enfermedad?) a) She has backache b) She has tummy ache c) She has headache and sore throat
3. What does she do when is sick? (¿Qué hace ella cuando está enferma?) a) She goes to school b) She goes to the doctor c) She goes to the supermarket	4.What does she wish? (¿Qué desea ella?) a) She wishes to stay in bed. b) She wishes to get better soon. c) She wishes to go to the hospital.