

Unit 1: Feelings and Opinions

Lesson 1 This Is Me!

Writing

1. Use the adjectives to label the pictures.

bored - tired - happy - sad



2. Complete the sentences with the same adjectives from the previous activity.
- I feel _____ when I get good grades at school.
 - Francisca feels _____ when her brother asks her to watch soap operas with him.
 - Daniel feels _____ after exercising too much after work.
 - I feel _____ when I don't spend time with my family for a long time.
3. Use the adjectives to write three sentences about yourself.
- _____
 - _____
 - _____

Reading

1. Complete the phone conversation with the correct words.

tired - worried - well rested - anxious - busy

Antonio: Hello?

Jessica: Hi! Are you _____?

Antonio: Hey Jess, not at all, how are you?

Jessica: I'm ok, I guess, but I'm _____ about that History test!

Antonio: Hmm... have you studied? I feel a bit _____, but I think we will be ok!

Jessica: Yes, I studied a lot, but still... maybe I'm overreacting.

Antonio: Maybe, but we can review tomorrow again. You should go to bed and be _____ to study again.

Jessica: Yes, you're right! I'm sure we will be happy at the end... You should rest, too!

Antonio: Yes, I'm going to bed now, I'm _____. See you tomorrow, Jess!

Jessica: See you! Don't forget the English dictionary!

Antonio: Don't worry, I won't! Good night...

2. Read the adjectives and write about what makes you feel that way.

a. annoyed _____

b. anxious _____

c. relaxed _____

d. delighted _____